



ST. MICHAEL CATHOLIC CHURCH

 @StMikesWaterloo

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80 University Ave. W., (at Hemlock Street), Waterloo, ON N2L 3C7

P: 519-884-9311 • F: 519-888-6042 • Parish Office email: parish@stmichaelw.ca

Father Pawel Jamroz, Pastor email: pastor@stmichaelw.ca

SCHEDULE OF LORD'S DAY MASSES

Saturday: 5:00 p.m.

Sunday: 9:00 a.m., 11:00 a.m. & 7:00 p.m.

WEEKDAY MASS SCHEDULE

Tuesday: 7:00 p.m.

Wednesday & Thursday: 12:15 p.m.

Friday: 8:00 a.m.

SACRAMENT OF RECONCILIATION

15 minutes before daily Masses and

Tuesday 6:15-6:45 p.m., 7:45 -8:15 p.m.

Friday 8:30-9:00 a.m.

Saturday 4:00-4:45 p.m.

Sunday 6:15-6:45 p.m.

Father is also available before and after Sunday Masses if needed.



Our Worship Space and Parish Centre are barrier free off of Hemlock Street entrance

PARISH OFFICE HOURS

Monday to Friday: 9:00 a.m. - 4:30 p.m.

PARISH PRAYER NETWORK

Our parish prayer network prays for those who are in need. To add an intention or become a member of the prayer network, please email us at parish@stmichaelw.ca

OUR PARISH SCHOOLS

Sir Edgar Bauer Elementary School	519-884-8480
St Nicholas Elementary School	519-884-9198
Resurrection Secondary School	519-741-1990
St David Secondary School	519-885-1340
St Jerome University	519-884-8111

SACRAMENT OF BAPTISM

Please contact the Parish Office to begin the process of preparing your child and family for this Sacrament.

CAMPUS MINISTRY

St Michael Parish welcomes post-secondary students to participate in the life of the parish. The St John Paul II Student Centre (adjacent to the Church) offers programming and pastoral care for all university and college students (jp2waterloo.ca).

SACRAMENT OF MARRIAGE

The Sacrament of Marriage is normally celebrated on Saturday afternoons. Preparation is provided. Please contact Father before setting a date of marriage.

PASTORAL CARE TO SICK AND HOMEBOUND

Ministers of Communion to the Sick bring communion to those who are sick or confined at home, in nursing homes or hospital. Anointing of the Sick takes place annually in the parish, and is celebrated personally upon request. To ensure a visit by our Pastoral Team when hospitalized please indicate you are a member of St Michael Parish.

HEALING MINISTRIES

"Heartache to Healing" is our Grief Support Group and "ACT II" is our Separated/Divorced Group. To find out more about the programs, please contact our parish office.

ST. VINCENT DE PAUL SOCIETY

Monthly collections support the following projects: North of 60 food assistance to Nunavut, Christmas Gift Cards in Waterloo, Hygiene Kits for Ukrainians, and Marillac Place after-care programs. Thank you for your continued support. For food assistance in Waterloo Region call 519-743-5576 ext 340.

BLESSING OF EXPECTANT PARENTS

The Blessing of Expectant Parents takes place after each Mass on the First Sunday of the month.

PARISH BEQUESTS

Keep your love for your parish alive. Remember St. Michael Parish in your will and when recommending expressions of sympathy.

FROM THE PASTOR'S DESK

Weekly Gospel Reflection (Mt 5: 13-16)



In today's Gospel Jesus says that we are "**the salt and the light of the world.**" In this way, He invites us to live in such a way that anyone looking at us could see the reflection of God's love.

The prophet Isaiah in the first reading (Is 58:7-10) gives vivid examples how this can be done. To alleviate the suffering of the oppressed, to tend to the needs of others ... these are the very ways by which believers become light for others helping them to taste and see the goodness of the Lord.

Fr. Jamroz

MASS INTENTIONS

Tuesday, February 10, 2026

7:00 pm + Teresina & Nicola Deleo
– Josephina Deleo Faccioulo
+Dorothy Freiburber – The Family
+ Special Intentions of Father Matthew
Gardzinski – Maya Gardzinski

7:30pm-8:30pm Holy Hour with
Adoration & Benediction

Wednesday, February 11, 2026

12:15 pm + Brian Krulicki – Phyllis Selberg
+Helen Stillaway – Simone Schultz
+ Frank & Anna Gruber – The Miller Family

Thursday, February 12, 2026

12:15 pm +Walter Bauer – Tara, Tucker & Edwin
+Jack Pires – Anthony & Magnell Robinson
+ Bonfilio Pereira – Sushila Pereira

Friday, February 13, 2026

8:00 am +Benito, Rosario & Sabina Zefferino
– Josephina Deleo Faccioulo
8:30am - 9am Adoration of the Blessed Sacrament

Saturday, February 7, 2026

5:00 pm + Ernie Hollo – The Family
+ Brian Krulicki
– Coffee Saturday & Sunday Volunteers
+ Janet Okolie & Iniko Bassey
– Amarachi Nasa-Okolie & Family
+ Special Intentions of Karolina Krol
– The Family

WELCOME TO ST. MICHAEL PARISH

For details on our parish life, please see our website:
www.stmichaelw.ca

Parish Office Hours

The parish office is open Monday to Friday from 9:00
am to 4:30 pm.

Sunday Homilies Online

Sunday homilies are available weekly online in audio and
pdf version through our parish website – just click on the
button 'SUNDAY HOMILY'.

The Church is Open for Prayer

The Church is open for quiet prayer Monday to Friday,
from 9:00 am to 4:00 pm.

Prayer Intentions

Prayer intentions are placed at the front of the Altar and
are remembered privately at Mass during the Prayers of
the Faithful. You can also have your request shared with
our prayer group ministry. Please go to our website
www.stmichaelw.ca and click on Request a Prayer or
contact the parish office by phone or email.

Parish Email List

All registered parishioners are welcome to join a parish
email list. If you are on this list, you will be notified of
upcoming parish events including funerals. To join the
list, sign up at <https://www.stmichaelw.ca/contact-us>



Feast of Our Lady of Lourdes

Wednesday February 11th, Mass 12:15

On February 11th, the Catholic Church celebrates the liturgical memorial of Our Lady of Lourdes. Recalling a series of appearances of the Blessed Virgin Mary to a 14-year-old Bernadette Soubirous. Mary identified herself as the *Immaculate Conception*. ... the Virgin Mary's appearances at Lourdes turned the town into a popular travel destination. Thousands of people say their medical conditions have been cured through pilgrimage, prayer, and the water flowing from a spring to which Bernadette was directed by the Blessed Virgin. (*catholicnewsagency.com*)

**World Day of the Sick
February 11**

February 11th highlights the healing ministry of the Church. It recognizes the great efforts of doctors, nurses, healthcare institutions and caregivers to restore health to those afflicted with illness and disease. (*Ordo 2025-26*)

The World Day of the Sick was established by Pope Saint John Paul II to offer prayers for those who are suffering from illnesses. In establishing the day, Pope said that he desired it to be "*a special time of prayer and sharing, of offering one's suffering for the good of the Church, and of reminding everyone TO SEE IN HIS SICK BROTHER OR SISTER THE FACE OF CHRIST who, by suffering, dying, and rising, achieved the salvation of mankind.*"

	<p>Soup Lunch & Movie Tuesday, February 10th - 12:00pm in Parish Hall</p>
<p>The CWL would like to invite <i>all women</i> of the parish to join us for a soup lunch and movie (“Sister Act 2: Back in the Habit”) in the Parish Hall at 12:00 (noon) on Tuesday, February 10th. This is also our first CWL gathering of 2026 and prior to the movie will briefly cover some CWL business, including introducing our new CWL executive. Reminder - 2026 Membership dues = \$40. Payment can be brought to the luncheon. E-transfers can be sent to cwl@stmichaelw.ca</p>	

St. Michael Prayer Shawl Ministry

This Ministry has given thousands of Prayer Shawls to parishioners and have also brought comfort to those in hospital, assisted living and long term care residences. Baptismal blankets are also provided to every child baptized in our parish. Please support us by joining our ministry Wednesday, February 11th at 1:00 pm in the parish library.

Grief Support Group

Grief support provides companionship on the long journey through the grief process. All who have suffered a loss are welcome, regardless of how much time has passed since your loss. Our informal drop-in group will meet Wednesday, February 11th at 7:00pm in the Parish Library and continue every second Wednesday of each month.

**Celebrate Family Day with your
St. Michael Parish Family!**

Date: Sunday February 15 2026, following 11am Mass
Where: Parish Hall. Enjoy a free lunch, fellowship, crafts, games, face painting, Bosco the Clown, selfie photo booth, raffle and more! Sponsored by: Elmira Harvey’s / Swiss Chalet.



DIocese of HAMILTON

Looking for Support for your Marriage

Does your marriage feel like it is more trouble than joy? Is it causing you constant stress? The solution is **Retrouvaille** – whose one purpose is to help couples restore their marriage and rebuild a loving relationship. It is designed to improve communication, build stronger marriages, and help couples reconnect. The next Retrouvaille weekend is **March 13-15, 2026**. For more information call 905-664-5212 or email 1013r@helpourmarriage.org

Diocesan Wedding Anniversary Mass

Are you celebrating your 25th, 40th, 50th, 60th, or 60+ Wedding Anniversary in the year 2026? You are cordially invited to join Bishop Dabrowski and couples from across the Diocese of Hamilton for a Wedding Anniversary Mass on Sunday, **May 31, 2026** at the Cathedral Basilica of Christ the King in Hamilton at 1:30 pm. To register please call the Family Ministry Office at 905-528-7988 ext. 2249. Please see also the poster on the Parish bulletin board.

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145 Dearborn Place
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